In the Claims:

Claims 1-16 (canceled)

- 17. (new) Soybean oil produced from soybeans by a solvent extraction free, caustic refining free, process comprising:
 - a) heating said soybeans to at least 300°F;
- b) mechanically pressing said soybeans to separate soybean oil from soybean meal; and
- c) heating said soybean oil to a temperature of from about 450°F to about 500° F under a vacuum to remove free fatty acids from said soybean oil.
- 18. (new) The soybean oil of claim 17, wherein said soybeans are heated to at least 300°F in less than about 60 seconds.
- 19. (new) The soybean oil of claim 17, wherein said soybeans are crushed while being frictionally heated to a temperature of from about 300°F to about 370°F.
- 20. (new) The soybean oil of claim 17, further including degumming said soybean oil following pressing.
- 21. (new) The soybean oil of claim 17, further including bleaching said soybean oil following pressing.
- 22. (new) The soybean oil of claim 17, including the step of crushing said soybeans while said soybeans are being heated.
- 23. (new) The soybean oil of claim 17, wherein said soybean oil is heated under a vacuum at a temperature of from about 460°F to about 480°F.

- 24. (new) Non-hydrogenated soybean oil having an improved frylife produced from soybeans by a solvent extraction free, caustic refining free, process comprising:
 - a) heating said soybeans to a temperature of at least 300°F in less than 60 seconds;
 - b) crushing said soybeans to form a mixture of soybean meal and soybean oil;
 - c) pressing said mixture to separate soybean oil from said soybean meal; and
- d) heating the soybean oil to a temperature of from about 450° F to about 500° F under a vacuum to remove free fatty acids from said soybean oil.
- 25. (new) The soybean oil of claim 24, wherein said soybean oil is degummed and bleached after pressing.
- 26. (new) The soybean oil of claim 24, wherein said soybean oil is crushed while frictionally heating said soybeans.
- 27. (new) The soybean oil of claim 24, wherein said soybeans are heated to a temperature of from about 315°F to about 335°F.
- 28. (new) The soybean oil of claim 24, wherein said soybeans are crushed while being frictionally heated.
- 29. (new) The soybean oil of claim 24, wherein said soybeans are crushed in less than 30 seconds, while being frictionally heated to a temperature of from about 315°F to about 335°F.
- 30. (new) The soybean oil of claim 24, wherein said soybean oil is heated under a vacuum at a temperature of from about 460°F to about 480°F.
- 31. (new) The soybean oil soybean oil of claim 24, wherein said soybean oil has a frylife of at least 30 fry cycles.
- 32. (new) Soybean oil having a C18:3 content equal to from about 6% to about 8% of total fatty acids, and a total trans fatty acid content of less than about 1%.